



《正確使用眼藥水方法》 Proper Use of Eye Drops Method

第1步 Step 1



照顧者滴眼藥前後將雙手徹底清潔乾淨

Caregivers should thoroughly clean their hands before and after administering eye drops.

第2步 Step 2



核對藥名、有效期、是否變質。及正確放置瓶蓋

Verify the medication name, expiration date, and check for any signs of deterioration. Ensure the bottle cap is properly placed.

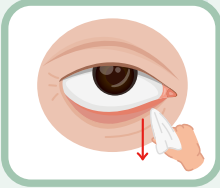
第3步 Step 3



打開瓶蓋後用第一滴眼藥水沖洗瓶口

After opening the bottle, rinse the bottle's tip with the first drop of eye drops.

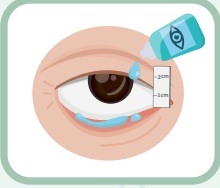
第4步 Step 4



照顧者動作輕巧地用紙巾輕輕拉下病人眼瞼

Caregivers should gently pull down the patient's eyelid using a tissue or a gentle touch.

第5步 Step 5



瓶距離眼睛1-2cm，向袋狀溝滴眼藥水，眼藥水不可直接滴在角膜上。注意瓶口勿觸碰睫毛或眼瞼

Hold the bottle approximately 1-2cm away from the eye and administer the eye drops into the conjunctival sac. Avoid direct contact with the cornea. Be cautious not to touch the eyelashes or eyelids with the bottle's tip.

第6步 Step 6



病人輕閉眼睛1-2分鐘，讓眼藥水在眼球上均勻分佈

The patient should gently close their eyes for 1-2 minutes, allowing the eye drops to distribute evenly on the surface of the eyeball.

第7步 Step 7



放回瓶蓋並擰緊眼藥水

Replace the bottle cap and securely tighten it.

注意事項 Precautions



請記住，以上提供的說明僅為一般指導，實際的眼疾護理程序應根據醫生的建議和特定手術的要求進行如果您有任何疑問或需要進一步的指導，請向醫生尋求幫助
Please note that the provided instructions are general guidelines. The actual eye care procedures should be followed based on the advice of the doctor and the specific requirements of the surgery. If you have any questions or need further guidance, please seek assistance from your doctor.